

# Life After Ombudsman: Freshman Year Timeline [NCAA]

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Student Name: \_\_\_\_\_

## Fall

- Identify your strengths and weakness
- Take steps to significantly improve math skills.
- Take steps to significantly improve reading skills.
- Explore careers on the web [link: <http://www.bls.gov/search/oooh.htm>]
- Start building a collection of college information  
(Careers, Colleges, other resources)

## Spring

- Resume preparation: Identify and participate in at least 1 volunteer opportunity [Document it!]
- Improve organization by finding and using 1 new organizational tool

## Three accomplishments that you hope to achieve after leaving Ombudsman:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Any **additional important deadlines** that you must meet in order to reach you goal:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## NCAA Timeline

- Keep your grades high and work on your study habits.
- Talk to your counselor, center staff, or academic advisor about NCAA core class requirements; make sure you take classes that match the list of approved core courses (available online at [www.eligibilitycenter.org](http://www.eligibilitycenter.org)).
- Get to know all coaches in your sport.
- Attend sports camps.